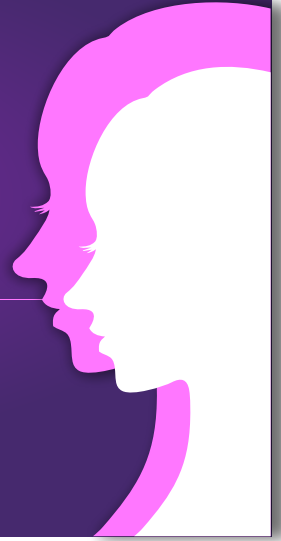


8th
MARCH

International Women's Day

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#BreakTheBias



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TDC CELEBRATES INTERNATIONAL WOMEN'S DAY ENDORSING THIS YEAR'S SLOGAN 'BREAK THE BIAS'



Mr. Tahir M. Abbasi, speaking at International Women's Day, delivers a speech whilst the participating employees are attending the event.

The Diabetes Centre (TDC) celebrated International Women's Day on March 8th, 2022 and arranged an event in this regard at its Main Hospital in Islamabad. This activity was carried out with fervor on special directives of TDC's CEO, Mr. Tahir. M. Abbasi. TDC under the dynamic headship of its CEO treat its patients from various parts of country without any discrimination.

This year's International Women Day slogan 'Break the Bias' was strongly endorsed at the event by participants. Speaking at the occasion, CEO, Mr. Tahir. M. Abbasi said 'Women constitute more than 50 % of our country's population and any act to deprive them of their basic rights as equal citizens has negative and far reaching repercussions on society'.

Mr. Tahir. M. Abbasi stressed upon need to provide equal opportunities to women for educating themselves and build their respective careers. 'Without proper education, women cannot be a productive organ of the society. Therefore, it is important for women to get educated so that they may contribute positively to society'.

Female employees were specifically seen active at this event with various activities taking place such as speeches, expressions of thanks, riddles, fun, and refreshments.

CEO Mr. Tahir. M. Abbasi further added, "TDC is committed to humanitarian-based services together upholding gender equity.' We will not only keep on fighting diabetes in Pakistan but also our services will remain universal where no discrimination (gender, race, and ethnicity) can prevail' CEO concluded.

The Diabetes Centre (TDC) is committed to the fight against diabetes

The primary objective is to raise the awareness level among general masses and save humanity from devastating affects of diabetes.

This fight is focused for human health. You can find darkness on one side of it whereas a light on the other. If we lose it, humanity will be destined to the glaring darkness of the diabetes disaster. If we win it, there will be a light of health everywhere that will brighten the future of the forthcoming generations.

We are pleased to reach out you and offer you an opportunity to join us in this noble cause of fighting diabetes. To defeat diabetes, you are invited considering TDC for your donations, charity, and zakat.

TDC ORGANIZES A DIABETES AWARENESS CAMP AT ALLIED SCHOOL G-10

On the 7th March 2022, TDC under the directives of its CEO Mr. Tahir. M. Abbasi organized a diabetes awareness camp at the Allied School, situated at G-10. This camp was aimed at educating students on how to keep themselves and their families safe against diabetes. The medical specialists delivered informative messages and speeches to students and urged them not to take light the symptoms of diabetes at any stage. It was emphasized to fight against diabetes by taking healthy foods. At this spot, TDC representatives highlighted the vision of 'Better health for a brighter future' as valuable. Students were urged upon to be conscious about their eating and life style habits at an early stage. This way, they can only keep themselves healthy for a longer period of time and be useful for themselves, their families, and the community they live in.



TDC's Specialists treating the students at Allied School G-10, Islamabad

The Diabetes Centre Organizes a Free Screening Camp at F-9 Park



The District Administration of Islamabad and TDC's Management Inaugurating Healthy Saturdays. Also Busy at Group Photo session.

TDC organized a free Diabetes awareness and free screening camp on 19th of March, 2022 at F-9 Park in Islamabad. This camp was collaborated by the Ministry of Health under its Smoke-Free Healthy Saturdays. Among other collaborators, Safa Gold Mall, Safa Fitness Club, and Daraz were prominent names.

The Additional Deputy Commissioner Islamabad Mr. Arif Shehryar Khan joined this camp. He stated, 'TDC is among fundamental stakeholders in diabetes healthcare and steps undertaken in this regard are praise-worthy. A maximum number of people should join these healthy campaigns to defeat the soaring rate of diabetes in Pakistan'

CEO, TDC, Mr. Tahir. M. Abbasi present at the occasion while delivering his speech said, 'Special thanks to the district administration. We have been organizing diabetes awareness camps for the last many years and have a commitment to organize such events in the future'.

Diabetes is fatal and can kill if ignored. However, diagnosing at the beginning and treating it respectively on urgent basis can manage this disease fairly.

Among the participants Dr. Farah highlighted, 'At TDC, diabetes health care facilities under one roof are being provided and the treatment is being pursued only on a humanitarian basis'.

She further said, 'Patients can have better control of diabetes by changing their lifestyle. It is significant to mention that this screening and awareness camp proved a healthy initiative to meet the vision of TDC. A lot of people benefited from free diabetes checkups'.

The respected doctors diagnosed a lot of people and suggested viable medications if anyone was found a having diabetes. Free medicines were also distributed. A quiz concerning diabetes was conducted and subsequently distributed gifts, sponsored by Daraz to the participating individuals.

In the end, special thanks to the participants were expressed and the team confirmed, 'TDC will keep on fighting diabetes through awareness campaigns and free screening camps.'

TDC ADMINISTERS A FREE SCREENING CAMP AND PROMOTES A DIABETES AWARENESS CAMPAIGN AT SZABIST

On 1st March 2022, TDC on the directives of its CEO Mr. Tahir. M. Abbasi administered a diabetes awareness camp at the Szabist University. This camp was aimed at educating students on how to keep themselves and their families safe against diabetes. The medical specialists delivered informative messages and speeches to students and urged them not to take light the symptoms of diabetes at any stage. It was emphasized to fight against diabetes by taking healthy foods. At this spot, TDC representatives highlighted the vision of 'Better health for a brighter future' as valuable. Students were urged upon to be conscious about their eating and life style habits at an early stage. This way, they can only keep themselves healthy for a longer period of time and be useful for themselves, their families, and the community they live in.



TDC's Camp at Szabist Highlighted the Diabetes Awareness

TDC Starts its Ramazan Campaign to Raise Funds

This Ramazan, The Diabetes Centre (TDC) has started again its Ramazan Campaign to raise funds and donations. For this purpose, it undergoes a variety of activities that include Iftaar dinners, meetings with celebrities, personal contacts, get-to-gathers with organizations and institutes, etc. Accordingly, we are pleased to invite individuals and organizations to join us in this noble cause of fighting diabetes. Therefore, a maximum number of people should consider this initiative as an opportunity to help the needy patients of TDC.

TDC organizes A Free Screening Camp at Punjab Oil Mills Islamabad

On the 3rd March 2022, TDC on the directives of its CEO Mr. Tahir. M. Abbasi organized a free screening camp. This screening camp was held at Punjab Oil Mills, Industrial Triangle Kahuta Road, Islamabad. It was aimed at educating workers and employees on how to keep themselves and their families safe against diabetes. The medical specialists delivered informative messages and speeches to employees and urged them not to take light the symptoms of diabetes at any stage. It was emphasized to fight against diabetes by taking healthy foods. At this spot, TDC representatives highlighted the vision of 'Better health for a brighter future' as valuable. Employees were urged upon to be conscious about their eating and life style habits at an early stage. This way, they can only keep themselves healthy for a longer period of time and be useful for themselves, their families, and the community they live in.



TDC Team highlights the awareness about Diabetes at Punjab Oil Mills Islamabad

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TDC ORGANIZES A FREE TWO DAYS DIABETES SCREENING CAMP AT ROSE & JASMINE GARDEN

The Diabetes Centre (TDC) organized two days free diabetes camp on 12th and 13th of March, 2022 at the Rose and Jasmine Garden in Islamabad. Its purpose was to raise awareness among people about diabetes and its related complications. A large number of people joined this screening camp and benefited from a free check-up against diabetes. At this screening camp, various healthcare-related services, which include Diabetes Screening, Nutritionist Consultation, Diabetologist Consultation and Medicines were provided.



Public Getting Free Checkup and Treatment at Rose and Jasmine Garden

TDC ORGANIZES A FREE DIABETES SCREENING CAMP AT NUMS UNIVERSITY ISLAMABAD

On the 15th of March 2022, The Diabetes Centre (TDC) organized a diabetes-free screening camp. This camp was held at National University of Medical Sciences (NUMS) in Islamabad. Its purpose was to educate people about diabetes and its related complications. The medical specialists delivered informative messages and speeches to students and urged them not to take light the symptoms of diabetes at any stage. It was emphasized to fight against diabetes by taking healthy foods. At this spot, TDC representatives highlighted the vision of 'Better health for a brighter future' as valuable. Students were urged upon to be conscious about their eating and life style habits at an early stage. This way, they can only keep themselves healthy for a longer period of time and be useful for themselves, their families, and the community they live in.



Diabetes Specialists facilitate free screening at NUMS

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