

January  
2022  
Edition

# TDC GAZETTE

Monthly Newsletter of The Diabetes Centre



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Group photo of Mr. Mehmood Mossa (board member TDC) along with CEO TDC and management on his visit to The Diabetes Centre



Tigermед country head also visited TDC and appreciated the arrangements and conformity to standards for clinical trials. Additionally, he informed that Tigermед intends to conduct a phase II clinical trial at TDC due approval from DRAP.



Dr. Dewan Talha Ashfaq from Rehman Medical Institute (RMI) visited TDC



PharmEvo representatives visited TDC to support deserving patients




  
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Mr. Arshad Ali Waraich (SSP Adyala jail) and Dr. Asif visited The Diabetes Centre Islamabad. During their visit to TDC, they discussed the treatment provided by TDC for diabetes and its complications and appreciated the excellent standard maintained.



## TDC Conducts Awareness Session at SZABIST

Did you know that diabetes is now a high incidence disease even in the US and other parts of the world where every third person, irrespective of being adult or a kid, is suffering from this disorder. Awareness about Diabetes is more important than ever.

According to the Centers for Disease Control and Prevention (CDC), there are 34.2 million diabetics in the United States, or 10.5% of the population. Approximately 463 million adults worldwide have diabetes (Ref: IDF).

The Diabetes Center began awareness campaign in universities after seeing the facts and started motivating students to make lifestyle changes. Our expert Podiatrist, Mr. Kamran Saleem Awan spoke to the students at SZABIST about an early age diagnosis in foot complications due to Diabetes and the importance of podiatry.

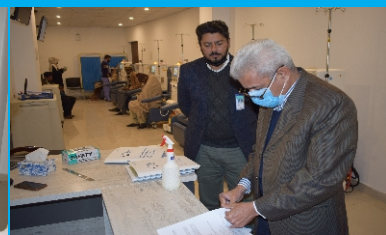
In addition, Dr. Nasreen Naveed and Dr. Husnain also educated the students to safeguard and improve their health. The purpose of such campaigns in universities is to provide essential information about pre-diabetes, type 2 diabetes prevention, diabetes complications and diabetes management.

## Surveillance Audits of ISO of TDC, Islamabad

The Diabetes Centre Islamabad ISO surveillance audit of TDC, Islamabad was conducted by URS. The purpose of this audit was to focus on maintaining the ISO (International Organization for Standardization) standards in The Diabetes Centre.

The certification body sent their team to the TDC to determine if the management system really works.

The Audit was conducted successfully and the auditor was satisfied with the standards.



URS representative visited different departments of TDC during Surveillance Audits of ISO



Group Photo of URS representative along with TDC Staff

## TDC Conducts awareness session at Abasyn University Islamabad



The Diabetes Centre conducted an activity at Abasyn University Islamabad to promote the "TDC Obesity Clinic" by distributing discount cards for students and their families. The purpose of this activity for young students was to improve the understanding of obesity, its related root causes and the actions needed to address them.



The Diabetes Centre organized a Disaster Preparedness training which was a mock drill on fire fighting. In this training, rescue operations, evacuation of victims, and usage of equipment in an emergency were demonstrated by the quality department. Firefighting and cooling operations were carried out during the Mock Drill for about 45 minutes in order to assess readiness to handle such an emergency.

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## TDC employees' training on importance of Zakat



M. Mufti Tayyab conducted a one-day training session in which he explained the importance of zakat to employees and explained why it is important for Muslims. In his session, he said Zakat is one of the five pillars of Islam. Its importance can be realized from the fact that in 82 verses of the Qur'an, Zakat is associated with prayer (Salah), such as: "Establish regular prayer and give Zakat; and obey Allah and His messenger. Quran (33:33)". Muslims can purify their wealth by giving money as Zakat. He narrated that Muslims see wealth as ultimately belonging to Allah, and giving Zakat helps to make people more equal. Helping one another is also seen as helping Allah. By not being greedy, Zakat donations purify the souls of Muslims.




The Diabetes Centre & Islamabad Traffic Police jointly carried out an activity and distributed DUA E SAFAR car hangings at F-10 Markaz and different traffic Signals of Islamabad.

E-Care  **051-4481100**

 [www.thediabetescentre.org](http://www.thediabetescentre.org)


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### LAHORE CLINIC

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