

# TDC GAZETTE

Monthly Newsletter of The Diabetes Centre

February  
2022  
Edition



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# BECOME A HERO



Group Photo of Participants of "Diabetes Awareness Run" along with CEO TDC



People from all age groups took part in "Diabetes Awareness Run"



CEO TDC Mr. Tahir M. Abbasi running with other participants of race



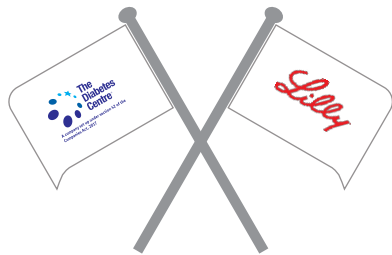
Nutritionist from TDC briefing the participants about diet and obesity treatment

The Diabetes Centre (TDC), in collaboration with the City Administration, Eighteen, National Press Club and 'Islamabad Run with Us', organized "Become A Hero Campaign Awareness Run" on Saturday, January 15, 2022. The Awareness Run started from National Press Club and terminated at E-7 Markaz, Islamabad. The run covered sectors F-6, F-7 and E-7 of Islamabad where different awareness booths were placed with specialized doctors including Eye Specialist, Foot Specialist, Nutritionist, and Diabetologist who imparted awareness to the participants and encouraged the residents to increase their daily physical activity. CEO, Mr. Tahir Abbasi said that TDC being one of the top hospitals in Pakistan specialized in diabetic care, provide systematic care to ensure effective diagnosis, treatment, management and education of patients with type 1 and 2 diabetes, endocrine disorders along with its associated risks. He said TDC also provides compassionate and value-based treatment and our mission is to be recognized as a global leader in improving the lives of people with diabetes, irrespective of their ability to pay. Along with providing comprehensive diagnostic, curative and rehabilitative services, TDC makes every effort to spread awareness and help lower the burden of the disease through prevention strategies.



CEO TDC Mr. Tahir M. Abbasi Presenting Cash prizes to the winners of Diabetes Awareness Run

## MOU with ELI LILLY



A Memorandum of Understanding (MOU) was signed between TDC and Eli Lilly under the Life for a Child program, through which TDC will provide access to care, education, and lifesaving medicines and insulin supplies to support children with diabetes in Pakistan.

## Medical Camp for 300 patients in Kehwra Salt Mines



TDC held a free diabetes screening and awareness camp at Kehwra village where assessment, education, consultation facilities, medicines, and eye checkup facilities were provided.

Under this campaign our team checked more than 300 patients and gave them free medicines. The purpose of the camp was to create awareness regarding diabetes and its complications amongst the local community of the village and educate them for better management of diabetes and its symptoms.



Arshad Ali waraich (SSP ADYALA JAIL) & Dr Asif visited TDC

## UPCOMING "TDC Sahiwal Hospital"

Sahiwal is Pakistan's 21st largest city based on population. The people of Sahiwal are as kind as the city itself. To show the goodwill towards the deserving, one of our donors donated his land from Sahiwal to build a full-fledged diabetes hospital for patients who travel to different cities for their treatment.

TDC- Sahiwal will be a fully-functional hospital with specialized care of diabetes, it will including state-of-the-art diagnostic facilities as well as the latest treatment, planning and delivery systems for patients. The project is expected to be commissioned in less than four years, at a total cost of Rs. 100 million.



## CBM team visited TDC

Team CBM leading the disability movement, (Christian Blind Mission). Lead by Mr. Syed Muhammad Ali Shah (Country Director) and Dr. Zahid Awan (eye health project manager) visited The Diabetes Centre. They discussed the possibilities of improving the lives of people with disabilities in the world with CEO TDC Mr. Tahir M Abbasi, Administrator Dr. Khizzer Pervaiz and Executive Coordinator Dr. Sana Moazam.



Group photo of CBM team along with TDC Officials



A team from Al Arabiyaa TV, Qatar based news channel, visited The Diabetes Centre to film diabetes related awareness videos for their audience. In this visit, they toured the hospital and also recorded the diabetes interventions being conducted at TDC Research Centre.



Humwatan TV, Australia team visited The Diabetes Centre where they recorded different sessions to show support The Diabetes Centre for deserving patients by recording their testimonials and other informative videos.

### Medical Camp In ADYALA JAIL Rawalpindi.

Currently Adyala Jail holds double the number of prisoners it is officially allowed to accommodate. More than half of them still have their cases pending in court while hundreds suffer from severe illnesses. After the situation being brought to TDC's knowledge by SSP Adyala Jail, The Diabetes Centre organized a free medical camp for prisoners in order to aid them in diagnosing and educating them. In this camp, more than 1300 people were screened and approximately 304 patients were diagnosed with diabetes.

Under the supervision of The Diabetes Centre's experienced consultant, free medicines were provided to patients with diabetes and its associated problems.

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E-Care **051-4481100**

### STORY OF MR. SAJID AND NASHRA



Our healthcare services are improving every year with utmost dedication and compassion. This year, we gave the best medical assistance and care to patients such as Sajid and Nashra. Sajid and Nashra (Sajid's daughter) are both diabetics and being treated at The Diabetes Centre. Lacking sufficient resources, Sajid and Nashra were not able to manage their diabetes. In 2018, they visited us, and after their sharia assessment, they were provided the best treatment along with free medications and clinical services with the unwavering support of our donors. Every year, thousands of people seek help for their loved ones to prevent diabetes and its complications. With the support of our donors, The Diabetes Centre has successfully launched a Ramadan campaign to support these patients.

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#### THE DIABETES CENTRE

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#### G-8 CLINIC

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